

Tired, Nervous Men and Women

who are languid, sleepless and physically run-down get immediate relief and lasting benefits from the regular use of Scott's Emulsion after meals.

Its chief constituent is nature's greatest body-building force to strengthen the organs and nerve centers, grain by grain, to rebuild physical and mental energy.

No alcohol or opiate in SCOTT'S. Refuse Substitutes.

Scott & Borne, Ltd., London, England.

POLITICS AND POLITICIANS.

Mud-baked soldiers are the idols of Paris just now.

There are nine cities in the state of Iowa under commission government.

Ex-United States Senator Elihu Root of New York is trying to harmonize opposing republican factions, but denies that he has presidential aspirations.

Holland's government has decided to take charge of the distribution of all grains and meal so effectively as to control the price of bread.

Arrangements are said to have been made between Russia and Germany for the exchange of 300,000 prisoners. The exchange, it is reported, will be made by way of Stockholm harbor, beginning in April.

Col. Roosevelt is very active in the movement to improve the condition of the unemployed in New York.

Great Britain has completed two new hospitals in London where wounded men may be treated. There are said to be about 30,000 men awaiting treatment. American phy-

sicians will not be eligible for service in the new hospitals.

It is estimated that it will cost about \$12,000,000 to run New York state during the next fiscal year. Legislation is also in progress for the abandonment of the famous Sing Sing prison after January 1, 1917.

RAILROAD NOTES.

The Pennsylvania railroad is planning vast improvements to be put into effect during 1915.

The Northwestern and Milwaukee Railway lines are assisting in the movement to educate the farmers of South Dakota by means of lectures delivered from dairy trains.

The development of water power for furnishing electric light and power for Manila and its suburbs is planned by a street railway company now using Japanese coal to generate current.

The annual meeting of the stockholders of the Southern Pacific company will be held in Anchorage, Ky., on April 1, to elect fifteen directors and authorize the purchase by the company of several subsidiaries.

On account of heavy California travel the Santa Fe De Luxe—which is primarily a winter train—will remain in service this season longer than usual. Announcement is made that probably it will continue running westbound during April, and eastbound until early in June.

General Welfare Agent is the title of a new official created by the Canadian Pacific railroad to co-operate in the development of voluntary agencies among employees. It will be his duty to assist the employees in their association, such as first aid, safety first, the railway Y. M. C. A., athletic association, etc. Lieut. Col. Lacey R. Johnson has been appointed to hold the office.

How to Collect Claims.

Honest, frank and hearty co-operation on the part of claimant in presenting claim with proper evidence does much to expedite settlement. The policy of carriers today is to establish the validity of a claim and not to avoid liability.

The freight claim agent is bound to live within the scope of the law and cannot subject himself, his company, or the claimant to the severe fines and penalties imposed by law by paying claims until the facts and measure of legal liability are established. "It is not the proper practice for railroad companies to adjust claims immediately on presentation and without investigation. The fact that shippers may give a bond to secure payment in case, upon subsequent examination, the claims prove to have been improperly adjusted, does not justify the practice." Extract from Interstate Commerce Commission Bulletin No. 3, Article No. 68.

Any loss or damage, immediately on discovery, should be reported to the agent of the delivering line, and every opportunity should be afforded him to inspect and verify the same, and in no case should report of this loss or damage be delayed beyond forty-eight hours after receipt of goods.

Delay in making complete investi-

The Operator With the Sweet Voice Holds Record for Time.

Miss Nannie Corhn, who has been with the local telephone company longer than any other girl in the service was honored in the last issue of the Southwestern Telephone News with the publication of her picture and a statement of her work.

Miss Corhn was treated so well by her company while she was ill that she thinks now she will never give up the work. The company carries insurance for the workers, their salaries do not stop when they are off duty from illness, and added to this benefit, there is a fund provided for employees who retire from the business after a certain length of service.

The story published of the Ardmore girl follows:

"One day last October, a telephone subscriber was anxious to know if up the exchange and asked for 'the operator with the sweet voice.' The subscriber was anxious to know if she 'was ill or had resigned.' Now, Miss Nannie Corhn, operator, was ill at that time and every employee in the exchange knew she had a sweet voice, so the subscriber was promptly informed that the operator she was inquiring about was ill.

gation is sometimes unavoidable on account of the numerous agencies involved. It must be borne in mind that every claim must undergo some investigation, since reports of loss or damage are not always at the finger tips of the claim department.

Delay in adjusting claims for damages often arises through the refusal of consignee to accept property which has been delayed or damaged in transit. It should be understood that the acceptance of such delayed or damaged property does not in any way jeopardize any proper claim which the owner may have against the carrier. In fact, the law expressly provides that a consignee must accept his own property and use all diligence in disposing of it with a view of minimizing the loss.

If a carrier fails to acknowledge receipt of a claim, it is an oversight. In acknowledging receipt of claims the official in charge of the claim department furnishes a claim number under which all correspondence pertaining to that claim is handled, and it would very much expedite the work in the freight claim office if reference were made to this claim number in any correspondence from claimant or on statements of account periodically sent.

FRISCO ROCK ISLAND.

Are you Rheumatic?—Try Sloan's. If you want quick and real relief from Rheumatism, do what so many thousands of other people are doing—whenever an attack comes on, bathe the sore muscle or joint with Sloan's Liniment. No need to rub it in—just apply the Liniment to the surface. It is wonderfully penetrating. It goes right to the seat of trouble and draws the pain almost immediately. Get a bottle of Sloan's Liniment for 25c of any druggist and have it in the house against Colds, Sore and Swollen Joints, Lumbago, Sciatica and like ailments. Your money back if not satisfied, but it does give almost instant relief.

The secret of many a man's success isn't much of a secret.

Take HERBINE for indigestion. It relieves the pain in a few minutes and forces the fermented matter which causes the misery into the bowels, where it is expelled. Price 50c. Sold by Bomar Drug Co.

Most things go when they get wound up, but a bore isn't one of them.

Recommends Chamberlain's Cough Remedy.

"I take pleasure in recommending Chamberlain's Cough Remedy to my customers because I have confidence in it. I find that they are pleased with it and call for it when again in need of such a medicine," writes J. W. Saxon, Montevallo, Mo. For sale by all dealers.



MISS NANNIE CORHN

Miss Corhn had been with the company at Ardmore for nearly ten years and this was her first absence from duty from illness. During her long service she has won the name of being a most competent and popular operator. She is assistant to the chief operator in training new operators and teaching them the "telephone voice with the smile." Her gentle courtesy and patience has been noticed by subscribers who did not know her, but who had been struck by the tone of her voice over the wire.

It would seem that this is as high tribute as could be paid to an operator. To win friends in the office and over the wire. To make a record for faithful and constant service. To be missed by subscribers as well as friends in the exchange when ill. This is an ideal type of operator to introduce to the readers of the News in the "We Have With Us" department.

One of the operators in the Ardmore exchange, writing of Miss Corhn, says: "She has a very lovable disposition and her kindness does not stop in the operating room, but accompanies her wherever she goes."—Southwestern Telephone News.

Compels All Impurities To Abandon System

Blood Troubles Can not Remain If Properly Treated.



There is in S. S. S., the famous blood purifier, a property that absolutely compels harmful influences to disintegrate and lose their identity. No matter what they are called nor how destructive they are there is in S. S. S. a powerful, searching counter influence to annihilate the most obdurate germ, causes the noxious things to convert it into an inert substance that is quickly thrown out of the blood and out of the body by the skin, lungs, kidneys, bowels, and destroyed in the liver. There is not a single advance in medicine today that in any sense is an improvement over S. S. S. Surgery is a wonderful, masterful science, but when it comes to purifying the blood S. S. S. stands alone. Thousands of doctors have prescribed it. Their patients do not always know it is S. S. S., because they leave the treatment to the doctor implicitly. But fair-minded doctors long ago realized that in the vegetable nature of S. S. S. were certain ingredients that to the blood in sickness were just as essential as the food-building elements of the grains, meats, fats and sugars of our daily food. The average doctor is humane and of trained intelligence. He has seen the recoveries from worst cases of blood trouble by the use of S. S. S. Get a bottle of S. S. S. today of any druggist. Accept no substitute. And if you wish proper advice on any form of blood trouble, write to the Medical Adviser, The Swift Specific Co., 192 Swift Bldg., Atlanta, Ga. It is worth while doing so.

The only way to reach a man's pocket is to hit him below the belt.

Ah! The Invigorating Whiff of The Pine Forest! How it clears the throat and head of its mucous ailments. It is this spirit of Newness and Vigor from the health-giving Piney Forests brought back by Dr. Bell's Pine-Tar-Honey. Antiseptic and healing. Buy a bottle today. All Druggists, 25c.

Some men believe in the Golden Rule, and others get through life on brass.

Whole Family Dependent.

Mr. E. Williams, Hamilton, Ohio, writes: "Our whole family depend on Pine-Tar-Honey." Maybe some one in your family has a severe Cold—perhaps it is the baby. The original Dr. Bell's Pine-Tar-Honey is an ever ready household remedy—it gives immediate relief. Pine-Tar-Honey penetrates the linings of the Throat and Lungs, destroys the germs, and allows Nature to act. At your druggist, 25c.

CALL FOR VOTES WHEN TRADING AT CONTEST STORES. THE MERCHANTS WANT YOU TO.

For Your Baby The Signature of

Chas. H. Fletcher

is the only guarantee that you have the

Genuine

CASTORIA

prepared by him for over 30 years.

YOU'LL give YOUR baby the BEST

Your Physician Knows Fletcher's Castoria.

Sold only in one size bottle, never in bulk or otherwise; to protect the babies.

The Centaur Company, *Chas. H. Fletcher* owns

Professional Cards

J. P. McRAE, M. D.
Special Attention to
Drug Addictions and Nervous Diseases
At Ramsey Drug Store
ARDMORE : : OKLAHOMA

ROSE CROIX HOSPITAL
210-212 E. Main St.
Ardmore, Okla.

For the care and treatment of Medical Surgical and Obstetric cases. For information address either Dr. Frederick P. von Keller or Dr. James F. Son, at the Hospital. : : :

D. G. JOHNSON, D. O., M. D.
Physician Surgeon
Osteonath
Office Corner Stanley Boulevard and C Street, S. W.
Phone 164

LAWYERS' DIRECTORY

FRED V. KINKADE
ATTORNEY
Special Attention to Collections.
Ardmore : : : Oklahoma

J. T. COLEMAN
LAWYER

Special and prompt attention given to probate and land matters
Office, Baird Bldg., rooms 2, 3, and 4
ARDMORE, OKLAHOMA.

Ardmore Ice, Light & Power Company

PHONE - ONE-FIVE-SIX
LIGHT YOUR HOME WITH ELECTRICITY

Try Berry's Cream Loaf. Every one a better one. 1012

Caddo Barber Shop

Cor. Broadway and Caddo sts.
SHAVE .10 HAIRCUT .25
Hours 7 a. m. to 9 p. m.

C. P. HALL

THE NEW AND SECOND-HAND

HOME OUTFITTER

Caddo Street
PHONE 366 and 520

OKLAHOMA, NEW MEXICO & PACIFIC RAILWAY COMPANY

TIME TABLE NO. 5

| West-Bound | | | East-Bound | | |
|------------|--------|------------|------------|--------|--|
| 3 | 1 | | 2 | 4 | |
| Mixed | Pas'gr | | Mixed | Pas'gr | |
| Lv. | Lv. | | Ar. | Ar. | |
| P.M. | A.M. | | A.M. | P.M. | |
| 2:30 | 7:00 | Ardmore | 11:35 | 6:45 | |
| 2:35 | 7:04 | W. Ardmore | 11:30 | 6:40 | |
| 3:15 | 7:30 | Lone Grove | 10:50 | 6:15 | |
| 4:05 | 8:05 | Wilson | 10:10 | 5:45 | |
| 4:45 | 8:40 | Ringling | 9:20 | 5:10 | |
| P.M. | A.M. | | A.M. | P.M. | |
| Ar. | Ar. | | Lv. | Lv. | |

Express Service

Western Union Telegraph

W. J. Stoneburner
Gen. Supt.
A. L. Frederick
Traffic Manager.

Let me send you FREE PERFUME

Write today for a testing bottle of

ED. PINAUD'S LILAC

The world's most famous perfume, every drop as sweet as the living blossom. For handkerchief, atomizer and bath. Fine after shaving. All the value is in the perfume—you don't pay extra for a fancy bottle. The quality is wonderful. The price only 75c. (6 oz.). Send 4c. for the little bottle—or 3c. for 50 handkerchiefs. Write today.

PARFUMERIE ED. PINAUD, Department M.
ED. PINAUD BUILDING NEW YORK



The Secret of a Good Figure

often lies in the brassiere. Hundreds of thousands of women wear the Bin-Jolie Brassiere for the reason that they regard it as necessary as a corset. It supports the bust and back and gives the figure the youthful outline fashion desires.

BIEN JOLIE BRASSIERES are the daintiest, most serviceable garments imaginable. Only the best of materials are used—for instance, "Walcott," a flexible bonding of great durability—absolutely rustless—permitting laundering without removal.

They come in all styles, and your local Dry Goods dealer will show them to you on request. If he does not carry them, he can easily get them for you by writing to us. Send for an illustrated booklet showing styles that are in high favor.

BENJAMIN & JONES
50 Warren Street Newark, N. J.



RUB RHEUMATISM OR SORE ACHING JOINTS

Rub Rheumatic pain, stiffness away with a small trial bottle of old "St. Jacob's Oil."

Rheumatism is "pain only." Not one case in fifty requires internal treatment. Stop drugging. Rub soothing, penetrating "St. Jacob's Oil" right into your sore, stiff, aching joints and muscles, and relief comes instantly. "St. Jacob's Oil" is a harmless rheumatism cure which never disappoints and can not burn the skin.

Linger up! Quit complaining! Get a small trial bottle of oil, honest "St. Jacob's Oil" at any drug store, and in just a moment you'll be free from rheumatic pain, soreness, stiffness and swelling. Don't suffer! Relief awaits you. "St. Jacob's Oil" has cured millions of rheumatism sufferers in the last half century, and is just as good for sciatica, neuralgia, lumbago, backache, sprains.



Direct to the Waiting Operator

That's what direct line service guarantees you; a line that is exclusively yours. You share it with no one else. Nobody to use it when you need it most. No customer of yours is made to wait because some other person on the line is keeping it "busy."

These advantages are to be gained for such a small advance over what you now are paying that it's a wonder you haven't had direct line service long ago.

For your business' sake, call the Business Office TO-DAY, and ask for rates.



Pioneer Telephone and Telegraph Company